

GO seize the day.



Ready, set, crunch your way through the delicious taste of whole grains kissed with honey and cinnamon. Every fiber-packed bowl of this crunchy classic has 9g of protein to help you seize the day and leave you smiling.



9g of Protein



Excellent Source
of Fiber*



100%
Whole Grain



Cereal, and so much more!

From parfaits to pancakes, dinner rolls and beyond, *Kashi® GO®* Crunch cereal adds a delicious, wholesome edge to back of house recipes your customers will love!

For more information, contact your
W.K. Kellogg Co. Sales Representative,
or visit WKKelloggAwayFromHome.com



Yogurt Parfaits



Pineapple Upside
Down Pancakes



Dinner Rolls

Item #	Product Description	Case
18627-47192	Kashi® GO® Crunch Cereal, Original Bulk	4ct./50oz.

*Contains 3g total fat per serving. 2024 Kashi LLC

Kashi